

# Behind the Scenery of Shenandoah

You have arrived! You are about to begin your Shenandoah experience. Views, wildlife, deep lush forests, clear mountain streams, historical sites, ranger programs and walks, places to sit and relax, and places to climb and hike—whatever your reason for visiting Shenandoah National Park, we are committed to making your national park experience one that you'll never forget.

And what's more, we are committed to this national park experience for the coming generations: the children of today and the years to come will have the same opportunity to experience the great outdoors and learn the stories of our heritage here in Shenandoah.

It sounds simple and straightforward: keep what's here today for whoever comes tomorrow. But although your national parks are precious heirlooms, they can't be packed away in acid-free paper in a trunk in the attic. No, the challenge behind the scenery is making enduring connections with the visitors of today while preserving it all "in perpetuity"—that means forever!

Seeing white-tailed deer in their native habitat is one of the many treats of the park. But did you realize that we must manage the deer herd to ensure its health and safety and yours? Currently we are closely watching the situation with a disease that is affecting deer in nearby areas. Our natural resource scientists are monitoring our deer and have developed a plan should Chronic Wasting Disease show up in Shenandoah's deer. (See article p. 4.)

The views from Skyline Drive and the park's vistas are an important part of your experience. When you hike miles up a steep trail, we want you to be rewarded with a spectacular view. Unfortunately, we don't always have control over the air quality and visibility. But that doesn't mean we sit idly by. Shenandoah's scientists study and monitor the air and other natural resources in the park in order to understand the changes that are occurring both here and beyond our boundaries. Better understanding leads to more effective management and a healthier environment for us all. (See article p. 5.)

Even the tiniest plant has a place in the ecosystem. Anytime a species, plant or animal, becomes extinct, it affects every living thing. Shenandoah has recently begun a program to understand and protect some of the rare and endangered plants that live in





top: Fire is a management tool that helps keep Big Meadows clear. Can you tell which third of the meadow was burned last March? bottom: Inventorying and monitoring the rare plantlife in Big Meadows is another task for Shenandoah's scientists behind the scenery.

the park. (See article p. 5.) Throughout the park you will see evidence of threats to our native species. And everywhere there is a threat, there is a plan and hope.

Part of that hope lies in your understanding of today's environmental challenges. You can help by learning what's behind the scenery at Shenandoah. Visit www.nps.gov/shen

#### Park Emergency Number 1-800-732-0911

Welcome to Shenandoah National Park. We hope your visit is full of discovery, fun, and adventure. To learn more about Shenandoah, be sure to visit our website: www.nps.gov/shen

#### Pets in Shenandoah

Wildlife and pets are a dangerous combination. If you bring your pet to Shenandoah, keep it on a lead no longer than six feet at all times. Pets are not allowed on ranger programs or on the following trails:

- Fox Hollow Trail (mile 4.6)
- Traces Trail (mile 22.2)
- Stony Man Trail (mile 41.7)
- Limberlost Trail (milepost 43)
- Dark Hollow Falls Trail (mile 50.7)
- Story of the Forest Trail (milepost 51)
- Bearfence Rock Scramble (mile 56.4)Frazier Discovery Trail (mile 79.5)
- Old Rag Ridge Trail
- Old Rag Ridge TrailOld Rag Saddle Trail

#### **Quick Facts**

- Total Park Acreage 197,438 acres
- Skyline Drive 105 miles long,
   75 Overlooks, on the National
   Register of Historic Places
- Designated Wilderness -Approximately 40% (79,579 acres) of Shenandoah is Wilderness!
- Highest Peak Hawksbill Mountain, 4,050 feet
- Hiking Trails 516 miles, including 101 miles of the Appalachian Trail
- Rapidan Camp National Historic Landmark
- **Highest Waterfall** Overall Run Falls, 93 feet



#### Observe Nature

Fawns are here—and foxes, bears, birds, and other wildlife—for those who walk quietly through the park. Never feed wildlife, and always observe wildlife from a distance.

#### Get Smart

Exhibits open up the world of the park. The exhibit at Dickey Ridge Visitor Center introduces you to the park and its life. The newly-opened exhibit at Byrd Visitor Center immerses you in the park's story.

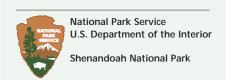
#### Hike to a Waterfall

They are cool and spectacular and they refresh the mind and heart. Hike to a waterfall, or some other cool place—there are over 500 miles of trails here! Be sure to get a map from a visitor center.



#### Catch a View

Rolling hills to the east, the Shenandoah Valley and the mountains beyond to the west–75 overlooks along Skyline Drive invite you to stop and absorb the view. You'll stay awhile!



Shenandoah Overlook is published for the park visitor by Shenandoah National Park Interpretation and Education Division, with funding from the Shenandoah National Park Association and ARAMARK.

### The following businesses have provided additional funding:

Brookside Restaurant, Luray, VA
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Front Royal Visitor Center
Luray-Page Co. Chamber of Commerce
Merck & Co., Inc., Elkton, VA
Yogi Bear's Jellystone Park, Luray, VA

#### **Editors:**

Joanne Amberson, Park Volunteer Claire Comer, Interpretive Specialist

#### Layout and Design:

Neal Lewis, Visual Information Specialist

#### Photographs:

Jeff Greenburg, ARAMARK photos John Mitchell, Park Volunteer Bob Kuhns, Park Ranger Ed Knepley, Cover photo of Skyline Drive

#### Contributors to this issue:

Joanne Amberson, James Atkinson, Laura Buchheit, Wendy Cass, Claire Comer, Donna Cuttone, Helen Morton, Mara Meisel, Karen Michaud, Greta Miller, Gordon Olson, Patty Wissinger

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#### Shenandoah National Park

3655 U.S. Highway 211 East Luray, Virginia 22835 (540) 999-3500 www.nps.gov/shen

The National Park Service cares for the special places saved by the American people so that all may experience our heritage.

#### Park Accessibility

#### **Restrooms and Buildings**

Most are accessible or accessible with assistance.

#### Lodging

Accessible overnight accommodations are available at Lewis Mountain, Skyland Resort, and Big Meadows Lodge. (800) 999-4714.

#### Picnic Grounds and Campgrounds

Accessible sites are available at all park picnic grounds and campgrounds.
Accessible shower and laundry facilities are available at Big Meadows, Lewis Mountain, and Loft Mountain campgrounds. Restrooms at picnic grounds are accessible or accessible with assistance.

#### Trails

The Limberlost Trail is an accessible trail, a gently sloping 1.3-mile loop featuring a 5'-wide greenstone surface. The trail circles through forest and mountain laurel and includes a 65' bridge and 150' boardwalk.

#### Information

Information or assistance may be obtained by telephoning the Virginia Relay Center at (800) 828-1120 (TDD) or (800) 828-1140 (Voice) or by writing to the park:

Shenandoah National Park
3655 US Hwy 211 Fast

3655 US Hwy 211 East Luray, VA 22835 (540) 999-3500 www.nps.gov/shen

# SNPA and You Make a Difference

In 1950 the Shenandoah Natural History Association (SNHA) was formed as the official nonprofit cooperating association to support the interpretive and educational programs in Shenandoah National Park. Now 57 years later and with a revised name, the Shenandoah National Park Association (SNPA) is larger and stronger than ever. But the mission is still the same: to aid Shenandoah National Park in its stewardship of the park.

When you enter the Byrd Visitor Center (milepost 51) or the Dickey Ridge Visitor Center (mile 4.6), you will have a chance to visit the Park Store and purchase a book, a map, a video, or other item that will help expand your visit to Shenandoah. Then you may take that item home and share your park experience with a friend, a neighbor, or a co-worker. What you may not know is that you show your support to the park with each purchase you make at the visitor centers. Profits are used by the Association to aid the park. Your purchase does make a difference!

#### New for 2007

SNPA is proud to announce the arrival of the new coffee table book for Shenandoah. Shenandoah National Park, Simply Beautiful, is published by



Farcountry Press, with photography by Ann and Rob Simpson and the introduction by writer Patressa Kearns. The new book has 142 color photographs depicting



The new park store at Byrd Visitor Center (milepost 51) offers visitors an array of park-related items.

the beauty of Shenandoah through the seasons. Copies can be purchased at visitor centers and concession facilities throughout the park.

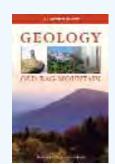
#### Join Us!

Now that you know the role the Association plays in Shenandoah National Park, perhaps you want to do more. We invite you to become a member of SNPA. As a member, you'll receive a 20% discount on purchases in our visitor centers and the SNPA online bookstore. You'll also receive discounts from the park concessioner, ARAMARK, and from local attraction Luray Caverns. As a member, you'll learn more about the park and have the satisfaction of knowing that you're doing more to take care of it.

Shenandoah National Park Association 3655 U.S. Highway 211 E Luray, VA 22835 Online Park Store: www.snpbooks.org



#### **New Book Wins Award**



A Hiker's Guide to the Geology of Old Rag Mountain in Shenandoah National Park recently won Honorable Mention in the Association of

Partners of Public Lands Media
Competition in Sacramento, California.
The booklet was published by the
Shenandoah National Park Association
last summer and is an easy-to-read,
easy-to-use guide to one of the most
popular hiking trails in the park. Written
by geologist Paul Hackley, this guide
provides fascinating details on the many
geological features of Old Rag
Mountain along with beautiful photos
taken along the trail. Check out the
visitor centers and gift shops along the
Drive to purchase your copy today.



## The Shenandoah National Park Trust

You care about Shenandoah National Park and you want to help protect and preserve it—but you don't know how? Here is one way you can help: the Shenandoah National Park Trust.

Established as recently as 2004, the Trust accepts individual, corporate, and foundation donations in its efforts to help the park and to enhance the experience of park visitors. In less than three years, the Trust has contributed to several projects, including:

- It has provided funds to expand the Junior Ranger program, including a new Ranger Explorer Program for older kids.
- It has helped to support the Youth Conservation Corps (YCC) program for 15-17 year-olds, who work on park projects while learning about the park and environmental issues.

As a non-profit organization, the Trust relies solely on private funds to accomplish its mission. Working closely with National Park Service personnel, a local Board of Trustees oversees management of the organization and use of its funds. The Trust accepts gifts of any size, from fundraisers by school children to bequests. To find out how you can help the treasure that is Shenandoah National Park, please contact the Trust.

Cathy McNair, Executive Director Shenandoah National Park Trust Post Office Box 3274 Staunton, Virginia 24401 cmcnair@comcast.net



# The Appalachian Trail Turns 70

There's sunshine in the heart of me, My blood sings in the breeze; The mountains are a part of me, I'm fellow to the trees....

There lives and there leaps in me, A love of the lowly things of earth, And a passion to be free.

To pitch my tent with no prosy plan, To range and to change at will; To mock at the mastership of man, To seek Adventure's thrill; Carefree to be, as a bird that sings; To go my own sweet way; To reck not at all what may befall, But to live and to love each day.

From "A Rolling Stone" by Robert Service

It was the right idea at the right time.

The newly minted 20th century came with smudges of the Industrial Revolution: laborious factory work, crowded spaces, broiling offices, thankless jobs. For relief, some eastern city dwellers looked forward to weekend trips in the fresh, cool air of the nearest mountains. They joined hiking clubs and maintained miles of trails.

Benton McKaye, a forester, believed that wilderness was just what the people needed to counter the effects of mechanized civilization. In 1921, he proposed an unbroken trail along the Appalachian ridge tops. This would mean linking existing trails and planning and building entirely new ones.

The AT is easily accessible to Shenandoah National Park visitors. The trail winds for 101 miles through the park between Rockfish Gap and Compton Gap, crossing Skyline Drive 30 times.

While you're here, think about walking a short section of the AT. It could be just the right idea.

The idea caught like wildfire among the weekend hikers. Club members volunteered their time and skills to help make the Appalachian Trail happen (now the Appalachian National Scenic Trail, or AT). The Appalachian Trail Conference (now Appalachian Trail Conservancy, or ATC) was organized to coordinate the work.

The first mile of trail was cut in Palisades Interstate Park on the New York/New Jersey border in 1922. When the last section was completed in August 1937, the AT was the longest marked footpath in the world.

In 1968, Congress passed the National Trails System Act, making the AT the first National Scenic Trail. The National Park Service is responsible for the overall administration of these trails, in consultation with the U.S. Forest Service. States also protect rights of way. The ATC continues its central role to preserve and maintain the trail, fostering cooperation among agencies and trail clubs.

Today, the AT stretches for 2,175 miles (3,498 km) through 14 states from Georgia to Maine, luring thousands of people from all over the world each year.

Most AT hikers are content to walk a small section, as McKaye intended. "The mere footpath is no end in itself, but a means of sojourning in the wilderness," he said.

But some can't get enough. More than 3,875 "thru-hikers" have completed the entire distance.



# Fun AT Facts

- An estimated 3 to 4 million people hike a portion of the AT each year.
- Most thru-hikers start in April at Springer Mountain, Georgia, and finish at Baxter Peak on Katahdin, Maine, in September.
- In 2005, nearly 1,400 people started thru-hiking at Springer Mountain. Of those, 352 made it all the way to Katahdin.
- Up to 10% of thru-hikers quit in the first week. About 25% make it the whole way.
- First recorded thru-hiker was Earl Shaffer, who hiked from Georgia to Maine in 1948. In 1965 he hiked the entire trail again, going from Maine to Georgia. In 1998, on the 50th anniversary of his first hike, he became the oldest thru-hiker, completing the whole trail again at the age of 79.
- The oldest thru-hiker was Lee Barry, 81, who completed his second trip in 2004.
- Carrying a denim bag and wearing sneakers, Emma "Grandma"
   Gatewood became the first
   woman to hike the entire AT
   alone. She completed her hike in
   1955, at the age of 67. She was
   also the first person to thru-hike
   twice, repeating in 1957.
- Bill Irwin, a blind hiker, completed the entire AT with his dog, Orient, in 1990.



# Easy Hikes on the AT in Shenandoah

Easy Hikes on the Appalachian National Scenic Trail will lead you to some beautiful sections of the trail in Shenandoah. You'll find this guide, along with detailed trail maps (including PATC maps), at visitor centers, gift shops, and entrance stations throughout the park.



# PATC: Stewards of the Appalachian Trail

Before Shenandoah National Park was established in 1935, the Appalachian National Scenic Trail (AT) was well on its way to completion in the park area. That's because a dedicated group of hikers had put great effort into building the trail here.

The Potomac Appalachian Trail Club (PATC) is marking its 80th anniversary this year. Originally formed in 1927 to develop a 240-mile section of the AT, the club is now responsible for about 1,000 miles of trails and about 60 cabins and shelters between Pine Grove Furnace State Park, Pennsylvania, and Rockfish Gap at the southern end of Shenandoah National Park.

One of 36 trail clubs involved in maintaining the trail, PATC has the primary responsibility for the 101 miles of AT within the park. Shenandoah's Backcountry, Wilderness, and Trails staff provide training, leadership, and oversight.

Park trail crews and PATC volunteers

work cooperatively, cutting fallen trees, digging water bars, trimming vegetation, and painting blazes on the AT and many of the park's other trails. PATC maintains eight trail shelters in the park and several rental cabins in and near the park. The group's Ridgerunner program uses a paid workforce to assist hikers, monitor trail conditions, and teach Leave No Trace outdoor ethics and other public programs.

As in 1927, PATC members do much of this work on their weekends. They contribute about 20,000 hours to the park each year. Their work is appreciated. In 2003, PATC received the Northeast Region Conservation Partnership Award from the National Park Service.

If you're interested in helping PATC, go to the club's website: www.patc.net

If you're interested in volunteering, contact PATC at www.patc.net or the Appalachian Trail Conservancy at www.appalachiantrail.org





### Leave No Trace

Ensuring that future generations can enjoy Shenandoah National Park is everyone's responsibility. Follow the Leave No Trace guidelines to help take care of Shenandoah.

- 1. Plan Ahead and Prepare
- Travel and Camp on Durable Surfaces
- 3. Dispose of Waste Properly
- 4. Leave What You Find
- 5. Minimize Campfire Impacts
- 6. Respect Wildlife
- Be Considerate of Other Visitors

www.LNT.org

# Wildlife You May Not Have Known

Wildlife in Shenandoah National Park? Of course! Deer, bears, bobcats, birds, yes—and native eastern brook trout. Yes, trout!

Over 60 park streams and their tributaries contain wild populations of native eastern brook trout, which need cold, unpolluted water and deep, clear pools as habitats. Most of the brook trout found within park streams are historic—descendants of original native stock or of historic restocking programs. There were few, if any, deer and bears in the park when it was established, but there *were* eastern brook trout.

However, this long-established native species now faces some dangers. Pollution and over-harvesting are two dangers. Non-native, predatory fish are another, particularly brown trout.

Brown trout, native to Europe and Asia, are now here in Shenandoah National Park at Rose River, Hughes River, and Brokenback Run, where they could threaten eastern brook trout populations. Brown trout are larger than brook trout, occasionally exceeding 18 inches in length. In recent years brown trout have experienced large population surges. Today, as stewards of the park, the staff is trying to control these non-native brown trout populations with special regulations for harvesting and disposing of them.\*

Think beyond the animals roaming forests and meadows in the park. Think of a native population that is still robust in clear, cold streams. Think of eastern brook trout.



Brook Trout: Color can be variable, depending on fish size, sex, and time of year. Brook trout can be distinguished from others of the trout family by the dark, wavy, worm-like pattern on the back and the prominent white leading edges of the lower body fins, including the tail.



Brown Trout: Color is usually light brown or tawny (upper) transitioning to yellow or yellow/white (lower) with black spots on the back, sides, and head. Spots are often surrounded with a light-colored halo, along with reddish spots on the sides. photos credit: Duane Raver, U.S.F.W.S.

\*For information about fishing in the park, pick up a copy of the Recreational Fishing site bulletin at a visitor center or entrance station, or consult the park website: www.nps.gov/shen





## Wild and Free

Many of you come to the park especially for its wild animals. You see a bear, and your day is made! But if you really care about the animals, you won't feed or approach them, whether deer or bears, raccoons or squirrels.

#### ■ Don't feed wild animals.

Animals have their own sources of food in the park; your food can only hurt them. Moreover, if they get used to human food, wild animals will become nuisances, losing their fear of humans and trying to get food from picnic tables, tents, and backpacks. You haven't done these animals a favor by feeding them: you've made them dangerous to humans, and thus subject to being killed.

In the past, deer or bears who have become nuisances were relocated. But those days are over for deer. Deer can no longer be relocated because of Chronic Wasting Disease (see article this page). Bears do not contract Chronic Wasting Disease, and trapping and relocations will continue in the park. But frequently relocations are not satisfactory solutions: some bears return to their origin and some end up being nuisances at new locations.

Finally—if you feed wild animals in the park, you're breaking the law.

#### Don't approach wild animals.

Admire and photograph from a distance. If their behavior changes, you're too close.

#### ■ Store food and dispose of your trash properly.

Otherwise, wild animals can get it, and they will suffer the consequences.

By following these rules, you will help the park protect the animals here in their natural home. Then your children and grandchildren will also experience the exhilaration of seeing them, wild and free.

# Chronic Wasting Disease

Chronic Wasting Disease—What is it? Chronic Wasting Disease, or CWD, is a progressive neurological disease that affects deer, both captive and free-ranging. It causes brain lesions that result in significant weight loss, behavioral changes, and eventual death.

### Is CWD here in Shenandoah National Park?

As this publication went to press, No. But it has been detected in West Virginia within a 60-mile radius of seven national parks, including Shenandoah.

#### Can I catch CWD?

No. There is currently no evidence that the disease is transmissible to humans or to domestic livestock.

### What is being done in response to the threat of CWD?

The National Park Service is working on a plan to respond to this potential threat. The plan will develop a range of strategies for the detection of and initial response to CWD in white-tailed deer in the event that diseased deer are detected in or near Shenandoah National Park.

#### Is there anything I can do about this

Yes. While you're here in the park, be alert for unusual behavior in a deer (e.g., deer

seems lethargic or unresponsive) and for changes in appearance (e.g., severe emaciation, severe head or ear drooping). If you see such suspicious behavior or appearance in a deer, notify park staff immediately. It is important that you note the location of the deer so that you can pass along that information also.



top: An example of a mule deer with Chronic

Wasting Disease. photo credit: Dr. Terry

Learn more at www.dgif.state.va.us



You associate Shenandoah National Park with clean, fresh mountain air—right? However, sometimes (not often) the air in the park has high ozone levels and is not clean and fresh.

The colorless gas called ozone exists naturally in the stratosphere, shielding the earth from the sun's ultraviolet rays. However, elevated quantities of ground-level ozone, created by a chemical reaction between pollutants in warm, sunny conditions, threaten plants, animals, and humans. If ground-level ozone concentrations are high, usually only from May through September, some people may have respiratory problems when exercising strenuously.\*

The National Park Service provides an Ozone Advisory System to alert you when

high levels are detected. You can then adjust your outdoor activity as needed.

\*Call (540) 999-3500 (May-September) to learn if ozone levels are high in the park. Visit www.nps.gov/shen for additional information.

#### What Can We Do?

Generating plants to the west are major contributors to the park's ozone concentrations. Reducing our demand for electricity—from using more efficient light bulbs to moderating home thermostats in winter and summer—is one way we can help make the air cleaner.

### Your Wilderness

Why do you visit Shenandoah National Park? You may not list Wilderness as a reason, yet Wilderness sustains many Shenandoah experiences.

Thirty years ago the U.S. Congress designated 40% of Shenandoah as Wilderness. This act added Shenandoah to the National Wilderness Preservation System, a system of Wilderness areas on public lands across the United States.

Wilderness is land that is not developed with modern roads or buildings. Can you tell which

overlooks provide views of designated Wilderness? Shenandoah's Wilderness provides natural habitat for wildlife and wildflowers, preserves the history held within these hills, and offers respite from hectic daily life and opportunities for solitude.

Americans in the past acted to protect Shenandoah's Wilderness for us. How will you preserve Wilderness experiences for the future?



Learn more at www.wilderness.net

# Rock Outcrops and Cliffs Yield New Discoveries

From the rough ridges of Old Rag to the distinct profile of Stony Man, you will find many cliffs and rock outcrops in Shenandoah National Park. But cliffs and rock outcrops are more than just convenient places for you to enjoy the view. They are islands of unique habitat providing a place to live for rare plants and animals found nowhere else in the park.

The Rock Outcrop Management Project is an ongoing collaboration between park staff and outside scientists to inventory the plants and animals and to understand the human uses of rock outcrops and cliffs. The goal is to find ways to protect the rare species found on rock outcrops and cliffs, while still providing ways for visitors like you to use these popular areas.

2005 and 2006 were years of numerous discoveries. The Project documented hundreds of species in the park, including four insect, 20 plant, and two mammal species that are rare in Virginia. The central district of the park is particularly rich in rare plants and animals. Here the higher peaks provide habitat for—

- the state threatened Peregrine Falcon,
- the state rare Rand's Goldenrod,
- and the globally rare High Elevation Greenstone Barren plant community. This land community is a unique combination of plant species that occurs on fewer than 10 acres world-wide, and is of very high conservation value.

Other discoveries include six lichen species new to science, and a tree measuring only seven centimeters (2.75 in.) in diameter that is 133 years old. As the project progresses, more information will be available at the park website (www.nps.gov/shen).





The plants and animals living on rock outcrops and cliffs are easily damaged by human footsteps. Please join the park in stewardship by obeying signs and staying on trails and bare rock when you visit these unique and sensitive areas.





#### Dickey Ridge Visitor Center (mile 4.6)

September 4 - November 10, 8:30 a.m. - 5:00 p.m. (daily) November 11 - November 25: 8:30 a.m. - 5:00 p.m. (Thursday-Monday) Highlights: information, exhibit, movie, park store, picnic grounds

#### Mathews Arm Campground (mile 22.2)

September 4 - October 28 (noon)

\$15, some sites reservable, sewage disposal, no trailer hookups

#### Elkwallow Wayside (mile 24.1)

Highlights: grill, groceries, gas, camping supplies, gift shop, picnic grounds

September 4 - November 4:

9:00 a.m. - 5:30 p.m. (Sunday -Thursday) 8:00 a.m. - 7:00 p.m. (Friday/Saturday)

#### Skyland Resort (miles 41.7 and 42.5)

September 4 - November 25 (noon)

Highlights: dining room, lodging varying from modern rooms to historic cabins to spacious suites, pet-friendly rooms available, gift shop, programs, and live entertainment

**Dining Room:** 

Breakfast: 7:30 a.m. - 10:30 a.m. noon - 2:30 p.m. Lunch:

11:30 - 3:30 (October Sat/Sun)

5:30 p.m. - 9:00 p.m. Dinner: 8:00 a.m. - 10:00 p.m. Gift Shop:

Taproom: 2:30 p.m. - 11:00 p.m. (food service ends & last call at 10:30 p.m.)

Stables: For reservations, call 540-999-2212

September 4 - November 24:

8:45 a.m., 10:00 a.m., noon, 1:15 p.m., 2:30 p.m., 3:45 p.m.,

#### Big Meadows (milepost 51)

Byrd Visitor Center: September 4 - November 25, 8:30 a.m. - 5:00 p.m. (daily) Highlights: extensive exhibitry, programs, movies, park store, information

Wayside: restaurant, gift shop, camping supplies, gas

Closes November 25, 5:30 p.m.

September 4 - November 24: 8:00 a.m. - 7:00 p.m. (daily)

November 25: 8:00 a.m. - 5:30 p.m.

#### **Big Meadows Lodge**

September 4 - November 4 (noon)

Highlights: historic dining room, taproom, live entertainment, lodging includes rustic

cabins, motel-type rooms, and modern suites

**Dining Room**:

Breakfast: 7:30 a.m. - 10:00 a.m. Lunch: noon - 2:00 p.m. Dinner: 5:30 p.m. - 9:00 p.m.

Taproom:

4:00 p.m. - 11:00 p.m. (Monday-Friday)\*

2:00 p.m. - 11:00 p.m. (Saturday, Sunday)\* - \*food service ends & last call at 10:30 p.m.

Gift Shop: 8:00 a.m. - 9:00 p.m.

Campground: September 4 - November 25 (noon), Sewage disposal, no trailer hookups

September 4 - October 27: \$20, reservations accepted October 28 - November 25: \$17, first-come, first-served

Showers/Laundry/Woodyard:

Wood and ice available at campstore when attendant not on duty.

#### Lewis Mountain (mile 57.6)

September 4 - November 4 (noon)

Cabins: covered patios, picnic tables and grills, intimate forest setting

Campground: \$15, first-come, first-served, no trailer hookups

Campstore: groceries, camping supplies, gifts, wood, ice, showers/laundry

9:00 a.m. - 6:00 p.m. (Sunday-Thursday) 9:00 a.m. - 7:00 p.m. (Friday, Saturday)

#### Loft Mountain (mile 79.5)

Wayside September 4 - November 4: restaurant, gift shop, gas

8:00 a.m. - 5:30 p.m. (Sunday - Thursday) 8:00 a.m. - 6:30 p.m. (Friday, Saturday) Campground: September 4 - Oct 28 (noon)

\$15, some sites reservable, showers/laundry, sewage disposal, no trailer hookups

Campstore: groceries, camping supplies, wood, ice

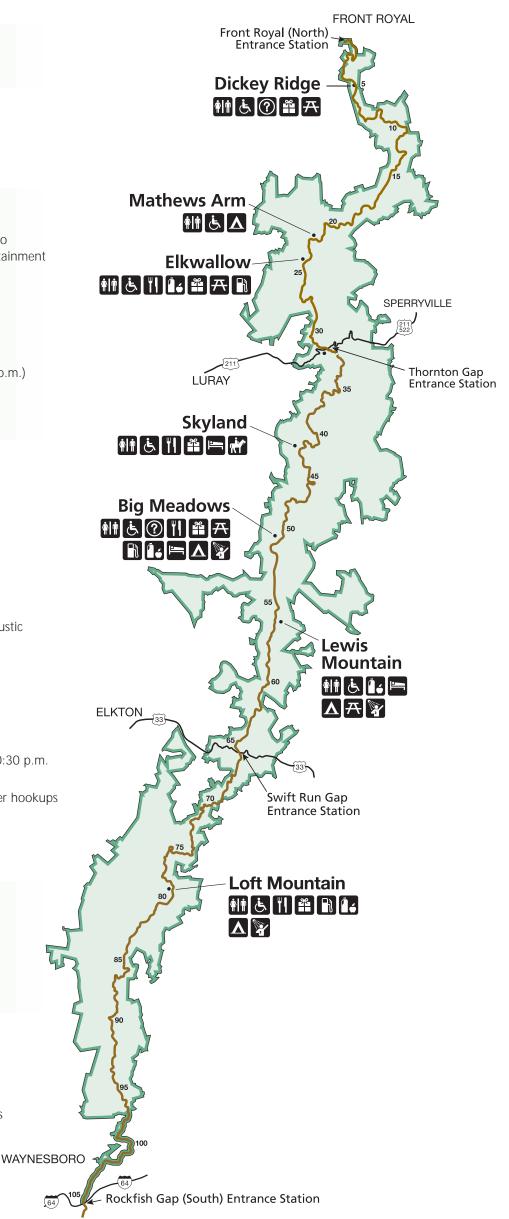
Closes Oct. 28 (noon)

September 4 - September 27: 8:00 a.m. - 5:30 p.m. (daily)

September 28 - October 27: 8:00 a.m. - 7:00 p.m. (Sun-Thu) 8:00 a.m. - 8:00 p.m. (Fri/Sat)

> Lodging Reservations: Online www.visitshenandoah.com or (800) 999-4714

> Campground Reservations: Online www.recreation.gov or (877) 444-6777





# ARAMARK *Presents* . . . Fall Programs & Events

ontinuing a tradition set by George Freeman Pollock, who founded a resort at Skyland before Shenandoah National Park was established, ARAMARK, the park's concessioner, offers a variety of activities, such as "Tea With the First Ladies" (pictured above.) A few of the offered activities are highlighted here. For a full list of activities and their dates and times, see ARAMARK's activities brochure, or call (800) 999-4714, Option 1, or visit the website at www.visitshenandoah.com

#### **Guided Outdoor Programs**

Come experience the beauty of Shenandoah National Park firsthand and explore miles of trails, including the Appalachian Trail. The Guided Outdoor Adventure Programs offer a variety of hikes that range from easy to difficult and are led by the certified, licensed guide staff of the Shenandoah Mountain Guides. Trips feature hiking along selected segments of the Appalachian Trail for views from mountain summits or hiking to Shenandoah's beautiful waterfalls. As with all travel into pristine areas, Leave No Trace travel will be emphasized. Supportive walking shoes are a must and a camera is highly recommended.

- \$89-99 per person fee for each hiking day includes a trail map of the area, lunch, transportation to the starting points, and the guide.
- May through early November Check the 2007 schedule for exact dates.

#### Shenandoah Seasonings Culinary Workshop

Skyland Resort in Shenandoah National Park will conduct its first annual Shenandoah Seasonings Culinary Workshops featuring the talents of Executive Chef Terry Sheehan. Workshop rate will include a *Meet the Chef Reception*, two workshop demos, lodging, plus a wine and dinner evening featuring sustainable and regional foods. Call for full details and reservations to this unique event.

- September 9-11 and 23-25

#### Walk for Sunshine

Award-winning author and ESPN-commentator Jeff Alt will share his Appalachian Trail experiences with park visitors. Jeff uses music, slides, narration, and lots of humor as he talks about his personal adventures along the 2,175-mile footpath. Free.

 $-\,3:\!30$  p.m. and  $7:\!00$  p.m. in the Massanutten Room at Big Meadows Lodge. Saturday, October 20

#### **Apple Butter Celebration**

Apples are just everywhere—along with fresh apple butter, apple candy, apple arts and crafts. Come to the Conference Hall area at Skyland Resort for the 8th Annual Apple Butter Celebration! For two days copper kettles on the fire will be boiling the apples. Watch the process, and then take home some fresh-from-the-kettle jars of apple butter. A country store featuring apple products will be open 10 a.m. – 4 p.m.

– Friday and Saturday, September 14 &~15

#### **Basket Making 101**

Local basket artisan Clyde Jenkins returns to Shenandoah National Park to share his talent of basket making. Clyde teaches participants how to make a Colonial-style, white oak basket with techniques handed down through the generations. All materials are provided to make one basket.

- −10 a.m. − 3 p.m. \$40 per person. Reservations are requested.
- –Thursday: September 6 & 20, October 4, 11, 18 all at Big Meadows Lodge.
- -Thursday, Friday: September 13 & 14 at Skyland Resort, 9 a.m. to 2 p.m.

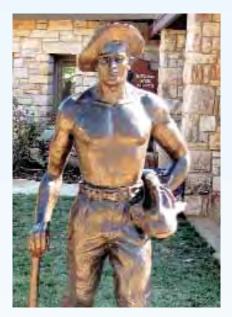
### A 2007 Must-See!

A stop at Shenandoah's Byrd Visitor Center at milepost 51 is a must this year. The long-awaited Byrd Visitor Center exhibit is ready for visitors!

Visitors to the new exhibit can experience Shenandoah's history in innovative and exciting ways. The untold stories of the park are revealed and old favorites are retold through hundreds of historic photos, documents, and artifacts. Meet the people of Shenandoah's past, visit the recreated Lewis Mountain Store, play the decision/consequences activity, and stroll through wilderness—all inside Byrd Visitor Center! Plan a stop to see the result of years of research, collaboration, planning, and rehabilitation. You won't be disappointed.



### "Iron Mike"



This life-size bronze statue, nicknamed "Iron Mike," represents a young man of the Civilian Conservation Corps (CCC). The National Association of Civilian Conservation Corps Alumni commissioned the statue in the 1990s, with the goal of having the work of the CCC commemorated in every state. The family of Louise Painter Barlow and Russell Barlow (who served in the CCC in Shenandoah) donated money for the park's statue. When "Iron Mike" was dedicated at Byrd Visitor Center in Shenandoah National Park on September 30, 2006, Virginia became the 32nd state to have a statue.

Proposed by President Franklin D. Roosevelt in 1933, the CCC program

lasted for 9 years. Over those years, thousands of CCC "boys," as they were called, worked to build Shenandoah National Park. They landscaped Skyline Drive, planting hundreds of thousands of bushes and trees; built overlooks and picnic grounds; installed facilities and water/sewage systems; constructed campgrounds, buildings, and trails. The exhibit at Byrd Visitor Center introduces you to the massive amount of work done by the CCC in Shenandoah. The statue in front of the visitor center stands as a memorial to all the young men of the CCC who worked here, helping to make the park what it is today.



## Shenandoah's Backcountry

#### **Backcountry Camping**

Most of Shenandoah National Park is open to backcountry camping. Permits are required and are available free from park headquarters, visitor centers, and most entrance stations, as well as at the north and south entry points for the Appalachian Trail and Old Rag Fee Station. Seven trailside huts along the Appalachian Trail are available for long-distance hikers. These huts are operated by the Potomac Appalachian Trail Club. Other trail shelters are for day use only. See the park website (www.nps.gov/shen) for detailed backcountry hiking and camping information.

#### Backcountry Cabins

The Potomac Appalachian Trail Club (PATC) maintains six locked, primitive cabins in the backcountry of the park. To get additional information about cabins or volunteering for PATC, call (703) 242-0693 or (703) 242-0315 between 7 and 9 p.m. Monday-Thursday or between 12 and 2 p.m. Thursday-Friday. Or write to:

Potomac Appalachian Trail Club • 118 Park Street, SE • Vienna, VA 22180 Visit PATC online at www.PATC.net

# Fall Ranger Programs







Dickey Ridge (mile 4.6)		SUN	MON	TUE	WED	THU	FRI	SAT		
<b>Terrace Talk</b> - Spend 10 minutes learning about a special feature of Shenandoah National Park.	Ė	Check at the Information Desk for talk schedule.								
Skyland (miles 41.7 and 42.5)		SUN	MON	TUE	WED	THU	FRI	SAT		
At Home in the Wild - 30-minute talk about Shenandoah. Topics vary. Skyland Dining Terrace.	Ė	1:30 p.m.	1:30 p.m.	1:30 p.m.		1:30 p.m.	1:30 p.m.			
<b>Junior Ranger Program</b> - Have fun while learning about Shenandoah. For kids ages 7-12. Parent/adult must accompany child. 1.5 hrs. <i>Meet at Skyland Amphitheater.</i>								4:00 p.m.		
Story of the Limberlost - 1.2 miles. 1.5 hrs. <i>Meet at the Limberlost Trailhead</i> (milepost 43).	Ġ	10:30 a.m.			10:30 a.m.					
<b>Massanutten Lodge</b> - The early days of Skyland Resort come to life in this tour of recently restored Massanutten Lodge. 1 hour. <i>Meet at Skyland Conference Hall (lower road)</i> .	E				2:00 p.m.			2:00 p.m.		
Stony Man Hike* - 2 miles. 2 hrs. Stony Man Trailhead (mile 41.7, north entrance to Skyland Resort).				10:00 a.m.		10:00 a.m.		10:00 a.m.		
Ancient Volcano Hike* - 2 miles. 2 hrs. Meet at Timber Hollow Overlook (mile 43.3).			10:00 a.m.				10:00 a.m.			
Evening Campfire Program - 45 minutes. Dress for cool mountain nights. Skyland Amphitheater.	Ġ							8:00 p.m.		
Big Meadows (milepost 51)		SUN	MON	TUE	WED	THU	FRI	SAT		
Big Meadows (milepost 51)  Rapidan Camp - Travel by van to Rapidan Camp, President Herbert Hoover's summer retreat. 3 hrs. 13-person limit. Reserve by phone (540-999-3283) or in person at Byrd Visitor Center.	Ł.	9:00 a.m.	MON	TUE	WED	ТНИ	FRI 1:30 p.m.	<b>SAT</b> 1:30 p.m.		
Rapidan Camp - Travel by van to Rapidan Camp, President Herbert Hoover's summer retreat.	<b>E</b>		MON 10:00 a.m.	TUE	WED	THU				
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Rapidan Camp - Travel by van to Rapidan Camp, President Herbert Hoover's summer retreat. 3 hrs. 13-person limit. Reserve by phone (540-999-3283) or in person at Byrd Visitor Center.  Live Birds of Prey - Meet and learn about live raptors. 1 hour. Big Meadows Amphitheater.	Ė	9:00 a.m.					1:30 p.m.	1:30 p.m. 10:00 a.m.		
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<b>Massanutten Lodge</b> - The early days of Skyland Resort come to life in this tour of recently restored Massanutten Lodge. 1 hour. <i>Meet at Skyland Conference Hall (lower road)</i> .	Ġ					3:00 p.m.		2:00 p.m
<b>Stony Man Hike*</b> - 2 miles. 2 hrs. <i>Stony Man Trailhead</i> (mile 41.7, north entrance to Skyland Resort).			10:00 a.m.				2:00 p.m.	
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Appalachian Trail Hike* - 2 miles. 2 hrs. Meet at Milam Gap Parking Area (mile 52.8).						2:00 p.m.		10:00 a.
Hawksbill Mountain Hike* - 2.1 miles. 2 hrs. Meet at Upper Hawksbill Parking Area (mile 46.7).							10:00 a.m.	
Discovery Walk - What will you discover in the park today? 1 hr. Meet at Byrd Visitor Center.			2:00 p.m.		2:00 p.m.			3:00 p.r
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Programs will be cancelled in the event of lightning or other extreme conditions. Pets are not allowed on programs.